



Dirty and messy night

List of requirements at end.

Activity 1 - Shaving Balloons

Divide into groups of 3 or 4. Each group gets a balloon covered in shaving cream, and a razor. Their job is to shave the balloon. First group to complete the task is the winner. The trick is - when the balloon breaks, the shaving cream goes everywhere, so be prepared!

Activity 2 - Chubby bunnies

Pick 3-5 girls, and stand them up the front of the group. Give each girl a marshmallow which they must put and hold in their mouth (ie. they are not allowed to swallow it).

They have to say "Chubby Bunnies" out loud to remain in the game. Sounds easy, but each round they need to fit another marshmallow in their mouth. By round 7 they have 7 marshmallows in their mouth and it gets harder!

They are allowed to use their fingers to push the marshmallows into the corners of their mouths. One by one people will drop out as they are unable to say "Chubby Bunnies". The winner is the last one standing!

A word of warning - this game can often result in marshmallows being spit across the room in laughter, so it does get messy! :)

Activity 3 - sponge relay

Divide into groups with an equal number of players. Each group is allocated two buckets and a sponge. The buckets are spaced a good distance apart (the best distance is so each player can throw the sponge to the next person). A sponge is soaked in the first bucket and then is thrown in a chain from person to person. The last person in the chain squeezes the sponge out into a bucket. Which team is first to fill their bucket? The "empty" sponge can be thrown back along the line, or all of the players can move one space along.

Activity 4 - snowless snowball fight

This is a fun game to play if you like having snowball fights, but do not have any snow. You'll need white pantyhose and flour to make the snowballs and how many depends on your group size (about 1 to 1.5 per person). You take the pantyhose and cut the two legs apart from each other. You take an 8 oz paper cup, fill it with flour and put it into the bottom of the pantyhose leg. Then you tie off the pantyhose with two square knots on top off each other, cut the pantyhose in between the knots and you have a snowless snowball. Repeat the process where the knot is still in the leg until you have used it all. You should get about 8 per leg from "queen size" hose. Now you have snowballs that do not hurt too bad when they hit you and you can use throw them over and over again. With these snowballs you can play any number of games. One is to have the group break up into two teams with a brave youth leader as the leader, or should I say target for each team. Split the area of play in half and have the leaders

positioned a good ways away from each other in a designated place with only a little room to move around (a circle 4 ft. across is good). Then have the teams try and hit the other team's leader. If a person is hit with a snowball while on the enemies side, they have to drop their snowball and return to their territory. The team that ends up with the leader that has less flour on them is the winner. To make the game a little more interesting, surprise everyone by entering water balloons in as ammunition half-way through the game.

Activity 5 - revolting obstacle course

For this game you will need a good quantity of slime and goop - (recipes at end) and other nasties (suggestions: icy water, jelly, shaving cream etc.) An obstacle course is set up using whatever is at hand - broomsticks over chairs, old tyres/innertubes, slippery tarpaulins, haybales etc. Obstacles are interspersed with tubs of nasties. Players are divided into pairs. One player is blindfolded as the other (who is not allowed to talk) leads them through the obstacle course. Extra fun can be provided by bystanders throwing wet sponges or using water pistols.

Slime

1 cup Lux Flakes

4 cups hot water

Dissolve the lux flakes in the hot water in a large bowl or bucket. Add colour has desired. Leave to stand for at least an hour. The resulting play material will froth up it beaten. Pours easily and is extremely slimy to touch. It keeps very well.

Cornflour Gloop

2 cups cornflour

1 cup cold water

Pour the cornflour into a bowl, add the cold water slowly, stirring constantly and stop when the water is barely absorbed by the cornflour.

The resulting solution is fascinating to play with. It can be scooped up with the fingers as a mouldable material. But flows like a liquid back into the bowl. It will brush off clothing as a dry powder.

Other equipment

Activity 1 - balloons, disposable razor blades, shaving cream

Activity 2 - marshmallows

Activity 3 - buckets and large sponges

Activity 4 - pantyhose, flour and if required water balloons

Activity 5 - slime, goop, and other nasties as required, blindfolds, sponges, water pistols tarps, inner-tubes etc.

LEADER WARNING - YOU NEED PLENTY OF TIME TO CLEAN UP!