

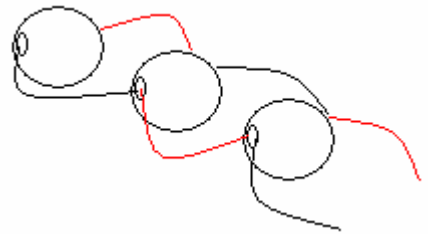
Good Turn Beads



Do A Good Turn Every Day

What you need: 7 beads with fairly large holes, Ribbon or cord four times the length of the beads (lined up).

Instructions: Thread the first bead onto the cord and pull through until bead sits halfway along the cord. Pass one side of the cord through the second bead and the other side the opposite way through the same bead. Continue to thread the rest of the beads onto the cord the same way. Tie a knot in the end of the cords – leaving the same amount of room between the end of the beading and the knot as there is between the first and last beads. The beads should now slip easily along the cord to the knot.



What Do I Do With It? The beads are slipped to the other end of the cord – one for each good turn. The idea is that if a good turn is done every day, then the beads should have moved to the other end of the cord in a week. The following week they move back! This makes an ideal swap.

Why Not..

Have a competition to see who can do the most good turns on camp.

Make Good Turn Beads to swap with another unit on a visit.

Glue your Good Turn Beads to a magnet so you can hang them on the fridge at home – this will remind you to do good turns every day!

Make Good Turn Beads a tradition by making them for each girl who is enrolled into your unit.