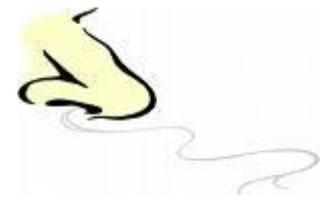




5 senses night



by Ebony Corbyn

There are people who are without one, or even more, of the five senses. Tonight is about doing some challenging activities, having fun, and learning to rely on all our senses, not just some of them.

BLIND GIRL

by Bill Scott

*They say I am in darkness, I have heard
them speak of the light I shall never see
They tell me of the brilliance of a bird
Crimson and gold. They sound sweet enough
upon the air, but what are words to me?*

*Standing beneath this pillar called a tree,
this somehow friendly roughness I can touch.
I hear the birdsong falling wistfully
through the soft air towards my waiting ear.
Shall I miss gold or crimson overmuch?*

*For what is dard, when you have seen no light
and what is colour but an empty word?
Clasping the bark I stand in the endless night
Hearing the wind move greenly through the
leaves.
Hearing the gentle grieving of the bird...*

HEARING

Take turns at shaking the containers and guessing what might be inside. Once everyone has had a turn, open the containers to see if you got it right.



TASTE

You will be blind folded and have a taste of the mystery flavour, then describe the flavour and guess what it could be. After each person has had a turn, reveal what they have been eating.



TOUCH

Each person will be blindfolded and have to feel an object under a tea towel. They are to feel the object and try and guess what it is.



SIGHT

You are to use the Braille Alphabet blind people use to spell your name. The catch is you will be blindfolded! You have to feel across the chart to find the letters of your name and you have to write it down.



?

What did you, as a patrol, think of the five senses night?

SMELL

You will take turns at being blindfolded and guessing what you are smelling. All the scents are familiar to you but you may not have noticed and really taken in the fragrance.



LEADER'S NOTES

The TASTE activity had the following flavours: dried apple, banana lollies, cold soup, tomato juice, lemon juice, raisins, cookie dough.

The SIGHT activity uses raised braille cards which are available from Disability Services Queensland.

The HEARING activity had the following in the containers: rice, rocks, spaghetti (dried) and bark.

The SMELLING activity had the following scents: lavender, orange peel, mint, vanilla, vapour-rub, mixed herbs.

The TOUCH activity had items such as a ball of string, a marker pen, a bath plug etc.

Leaders can of course vary the items for any activity.