

# New Zealand



From a collection by Cassandra Ward for her Queen's Guide.

**Waitangi Day: 6th of February.** We celebrate Waitangi Day, recognizing the signing of the treaty in 1840, between the Maoris and the Europeans. They signed it so that they could have equal rights to land in New Zealand, without fighting over it. More information: [http://en.wikipedia.org/wiki/Waitangi\\_Day](http://en.wikipedia.org/wiki/Waitangi_Day). Celebrate Waitangi Day with the following activities.

## **Food: Hokey Pokey**

### **Ingredients:**

5 Tbspns sugar

2 Tbspns golden syrup

1 tspn baking soda (bicarbonate of soda)

### **Instructions:**

Use a large heavy based saucepan (cooking pot) as it foams up - and watch carefully while cooking as it burns easily. Bring sugar and golden syrup to the boil slowly stirring all the time. Simmer gently over a very low heat for 4 minutes, stirring occasionally. Remove from heat and add baking soda. Stir in quickly until it froths and pour at once into a greased tin or onto a piece of tinfoil. Break up when cold and store in air-tight jars.

**For a real Kiwi treat:** When you have finished breaking it into chunks that you can eat, sweep up all the little chips and stir them into your icecream! Hokey Pokey Ice-cream is a traditional Kiwi favourite. Enjoy!

## **Game: Sheep Tag (a real Kiwi game)**

One guide is "it". When she tags people they have to lie on the ground on their back and wave their feet in the air whilst saying "baaaa baaaa" in a pitiful sheep voice. They can be freed by other players who, while skillfully evading "it", tag them on the leg and say "She'll be right Mate!"\*. You will probably need to swap "it" after a predetermined amount of time, or set very narrow boundaries as it takes "it" a long time to catch everyone. If she does disable all the sheep the last one caught becomes "it" in her place. Brownies and Rangers love this too as it is silly enough to appeal - I've even taught it to and played it with select groups of adults!

\*"She'll be right Mate!" is a Kiwi saying - an approximation would be "everything will come out in the wash!" or "It will all work out fine in the end". There is an attitude that goes with it of being almost manana, but not in the sense of being lazy. It implies being quite laid-back and relaxed about things, but getting the job done right in the end. Regardless of the gender of the person speaking it is always "She'll be right" - never he.

## **Craft: Koru huhu or whizzer**

### **Materials:**

- o heavy card
- o string
- o paint or felt pens to decorate (optional)

### **Method:**

1. Using heavy card (the weight helps it spin better) punch out the centre holes on the pattern piece with a thick needle or other pointed tool.
2. Thread with a piece of string approximately 85cm long and tie ends together.
3. Optional - decorate the koruhuhu with geometric designs. Those used on the sample are based on a traditional koru pattern. Red, white and black are the most usual colours for Maori art as they were the most readily available, but brighter colours were used when there was access to them.

### **To use:**

- o Hook two or three fingers (whichever is most comfortable for you) into the looped ends of the string. The whizzer should be about centre.
- o Twirl it away from you a few times to twist the string
- o Move hands in and out, pulling on the string as you move out, relaxing as you move in.
- o The string will become more twisted by the movement of the koruhuhu and the tension created will cause it to make a humming noise as you pull out.

### **Information:**

This toy was originally made of thin wood pointed at the end and was left plain rather than decorated. Maori also made a similar shaped but larger object that was usually more ornate. This was the purerehua or bullroarer which was used by the tohunga for ritual purposes and not by children. The koruhuhu and the purerehua should not be confused - one was a toy, the other had much greater purpose  
<http://www.azmetro.com/nzcrafft.html>

